



Living in the present

A-Z of ... all things lockdown

A Created some **artwork**

B Played **bingo** online or with neighbours

C Drunk **cocktails**

D Got **dressed up** with nowhere to go

E **Exercised**

F Become a **foodie** (at least for one night)

G Taken up **gardening**

H Endured a **hangover**

I **Internet** searched symptoms

J Watched/worked out with **Joe Wicks**

K Taught yourself to **knit**

L **Learnt** something

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M **Made** something

N Enjoyed a walk in **nature**

O **Ordered** something you don't need online

P **Painted** something in your house/garden

Q Taken part in a **quiz**

R Put a **rainbow** in your window

S Made (attempted) **sourdough**

T Downloaded **Tik Tok**

U **Upcycled** something

V Celebrated **VE Day**

W Had a **wardrobe** clear out

X **EXpressed** your emotions through a meme

Y Done some **yoga**

Z Taken part in a **Zoom** call